

WOSSAA TRACK & FIELD 2016

Thursday, May 19th & Friday, May 20th
TD Waterhouse Stadium, University of Western Ontario

TRACK SCHEDULE - DAY ONE (Thursday, May 19, 2016)

9:30	Open Girls 1500m Steeplechase	2 heats - Timed Finals
9:50	Midget Girls 80 m hurdles	3 heats
	Junior Girls 80 m hurdles	3 heats
	Senior Girls 100 m hurdles	3 heats
10:10	Midget Boys 100 m hurdles	3 heats
	Junior Boys 110 m hurdles	3 heats
	Senior Boys 110 m hurdles	3 heats
10:30	Steeplechase 2000 m	2 heats - Timed Finals
11:00	Midget Girls 400 m	3 heats - Timed Finals
	Junior Girls 400 m	3 heats - Timed Finals
	Senior Girls 400 m	3 heats - Timed Finals
	Midget Boys 400 m	3 heats - Timed Finals
	Junior Boys 400 m	3 heats - Timed Finals
	Senior Boys 400 m	3 heats - Timed Finals
	Wheelchair 400m	
12:00	Midget Girls 80 m hurdles	Final
	Junior Girls 80 m hurdles	Final
	Senior Girls 100 m hurdles	Final
	Midget Boys 100 m hurdles	Final
	Junior Boys 110 m hurdles	Final
	Senior Boys 110 m hurdles	Final

Track Officials Break

1:00	Visually Impaired Boys 1500 m	Final
	Wheelchair Boys 1500 m	Final
	Midget Boys 1500 m	2 heats - Timed Finals
	Junior Boys 1500 m	2 heats - Timed Finals
	Senior Boys 1500 m	2 heats - Timed Finals
1:30	Midget Girls 100 m	3 heats
	Junior Girls 100 m	3 heats
	Senior Girls 100 m	3 heats
	Midget Boys 100 m	3 heats
	Junior Boys 100 m	3 heats
	Senior Boys 100 m	3 heats
2:15	Senior Girls 1500 m	2 heats - Timed Finals
	Junior Girls 1500 m	2 heats - Timed Finals
	Midget Girls 1500 m	2 heats - Timed Finals

TRACK SCHEDULE - DAY ONE (Thursday, May 19, 2016) – continued

3:00	Ambulatory, Visually Impaired and Intellectual Disability Girls 100 m	Final
	Ambulatory, Visually Impaired and Intellectual Disability Boys 100 m	Final
	Midget Girls 100 m	Final
	Junior Girls 100 m	Final
	Senior Girls 100 m	Final
	Midget Boys 100 m	Final
	Junior Boys 100 m	Final
	Senior Boys 100 m	Final
3:30	Midget Girls 4x100 m	3 heats - Timed Finals
	Junior Girls 4x100 m	3 heats - Timed Finals
	Senior Girls 4x100 m	3 heats - Timed Finals
	Midget Boys 4x100 m	3 heats - Timed Finals
	Junior Boys 4x100 m	3 heats - Timed Finals
	Senior Boys 4x100 m	3 heats - Timed Finals

FIELD SCHEDULE - DAY ONE (Thursday, May 19, 2016)

9:30	Midget Girls Long Jump
	Junior Girls Triple Jump
	Senior Girls High Jump
	Midget Boys Shot Put
	Junior Boys Discus
	Senior Boys Javelin
	Junior Boys Pole Vault
11:00	Midget Girls Shot Put
	Junior Girls Discus
	Senior Girls Javelin
	Midget Boys Long Jump
	Junior Boys Triple Jump
	Senior Boys High Jump
	Junior Girls Pole Vault
1:00	Midget Girls High Jump
	Junior Girls Long Jump
	Senior Girls Triple Jump
	Midget Boys Javelin
	Junior Boys Shot Put
	Senior Boys Discus
	Wheelchair, Ambulatory, Visually Impaired Boys Shot Put
	Senior Boys Pole Vault

TRACK SCHEDULE - DAY TWO (Friday, May 20, 2016)

9:30	Senior Boys 400 m Hurdles Senior Girls 400 m Hurdles Midget Girls 300 m Hurdles Junior Girls 300 m Hurdles Midget Boys 300 m Hurdles Junior Boys 300 m Hurdles	3 heats - Timed Finals 3 heats - Timed Finals 3 heats - Timed Finals 3 heats - Timed Finals 3 heats - Timed Finals 3 heats - Timed Finals
10:15	Midget Girls 3000 m Midget Boys 3000 m	Final Final
10:45	Midget Girls 200 m Junior Girls 200 m Senior Girls 200 m Midget Boys 200 m Junior Boys 200 m Senior Boys 200 m	3 heats 3 heats 3 heats 3 heats 3 heats 3 heats
11:30	Visually Impaired Girls 800 m Wheelchair Girls 800 m Ambulatory and Intellectual Disability Girls 800m Midget Girls 800 m Junior Girls 800 m Senior Girls 800 m Possible 200 m Tie-Breaker Run-Offs Visually Impaired Boys 800 m Wheelchair Boys 800 m Ambulatory and Intellectual Disability Boys 800m Midget Boys 800 m Junior Boys 800 m Senior Boys 800 m	Final Final Final 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals Final Final Final 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals

Track Officials Break

1:00	Midget Girls 200 m Junior Girls 200 m Senior Girls 200 m Wheelchair Girls 200m Midget Boys 200 m Junior Boys 200 m Senior Boys 200 m Wheelchair Boys 200m	Final Final Final Final Final Final Final Final
1:30	Junior Girls 3000 m Senior Girls 3000 m Junior Boys 3000 m Senior Boys 3000 m	Final Final Final Final
2:30	Open Girls 4x400 m Relay Open Boys 4x400 m Relay	3 heats - Timed Finals 3 heats - Timed Finals

FIELD SCHEDULE - DAY TWO (Friday, May 20, 2016)

- 9:30 Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Senior Boys Triple Jump
Wheelchair, Ambulatory, Blind Girls Shot Put
Senior Girls Pole Vault
- 11:00 Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin
Senior Boys Shot Put
Midget Boys Pole Vault
- 1:00 Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump
Midget Girls Pole Vault