

Appendix A

WOSSAA TRACK & FIELD SCHEDULE

Western University

TRACK SCHEDULE - DAY ONE (Thursday, May 24th)

9:30	Open Girls 1500 m Steeplechase	2 heats - Timed Finals
9:50	Midget Girls 80 m hurdles Junior Girls 80 m hurdles Senior Girls 100 m hurdles	2 heats 2 heats 2 heats
10:05	Midget Boys 100 m hurdles Junior Boys 100 m hurdles Senior Boys 110 m hurdles	2 heats 2 heats 2 heats
10:20	Steeplechase 2000 m	2 heats - Timed Finals
10:40	Midget Girls 400 m Junior Girls 400 m Senior Girls 400 m Midget Boys 400 m Junior Boys 400 m Senior Boys 400 m Wheelchair 400m	2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals
12:00	Senior Boys 110 m hurdles Junior Boys 100 m hurdles Midget Boys 100 m hurdles Senior Girls 100 m hurdles Junior Girls 80 m hurdles Midget Girls 80 m hurdles	Final Final Final Final Final Final
Track Officials Break		
1:00	Midget Boys 1500 m Junior Boys 1500 m Senior Boys 1500 m	Final Final Final
1:30	Midget Girls 100 m Junior Girls 100 m Senior Girls 100 m Midget Boys 100 m Junior Boys 100 m Senior Boys 100 m	2 heats 2 heats 2 heats 2 heats 2 heats 2 heats
2:15	Senior Girls 1500 m Junior Girls 1500 m Midget Girls 1500 m	Final Final Final

3:00	Ambulatory, Visually Impaired and Intellectual Disability Girls 100 m	Final
	Ambulatory, Visually Impaired and Intellectual Disability Boys 100 m	Final
	Midget Girls 100 m	Final
	Junior Girls 100 m	Final
	Senior Girls 100 m	Final
	Midget Boys 100 m	Final
	Junior Boys 100 m	Final
	Senior Boys 100 m	Final
3:30	Midget Girls 4x100 m	2 heats - Timed Finals
	Junior Girls 4x100 m	2 heats - Timed Finals
	Senior Girls 4x100 m	2 heats - Timed Finals
	Midget Boys 4x100 m	2 heats - Timed Finals
	Junior Boys 4x100 m	2 heats - Timed Finals
	Senior Boys 4x100 m	2 heats - Timed Finals

FIELD SCHEDULE - DAY ONE (Thursday, May 24th)

9:30	Midget Girls Long Jump
	Senior Boys Triple Jump
	Senior Girls High Jump
	Midget Boys Shot Put
	Junior Boys Discus
	Senior Boys Javelin
	Junior Boys Pole Vault
11:00	Midget Girls Shot Put
	Junior Girls Discus
	Senior Girls Javelin
	Midget Boys Long Jump
	Junior Boys Triple Jump
	Senior Boys High Jump
	Junior Girls Pole Vault
1:00	Midget Girls High Jump
	Junior Girls Long Jump
	Senior Girls Triple Jump
	Midget Boys Javelin
	Junior Boys Shot Put
	Senior Boys Discus
	Senior Boys Pole Vault

TRACK SCHEDULE - DAY TWO (Friday, May 25th)

9:30	Midget Girls 300 m Hurdles Junior Girls 300 m Hurdles Senior Girls 400 m Hurdles Midget Boys 300 m Hurdles Junior Boys 300 m Hurdles Senior Boys 400 m Hurdles	2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals
10:15	Midget Girls 3000 m Midget Boys 3000 m	Final Final
10:45	Midget Girls 200 m Junior Girls 200 m Senior Girls 200 m Midget Boys 200 m Junior Boys 200 m Senior Boys 200 m	2 heats 2 heats 2 heats 2 heats 2 heats 2 heats
11:30	Visually Impaired Girls 800 m Ambulatory Girls 800m Intellectual Disability Girls 800m Midget Girls 800 m Junior Girls 800 m Senior Girls 800 m	Final Final Final 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals
	Possible 200 m Tie-Breaker Run-Offs	
	Visually Impaired Boys 800 m Ambulatory Boys 800m Intellectual Disability Boys 800m Midget Boys 800 m Junior Boys 800 m Senior Boys 800 m	Final Final Final 2 heats - Timed Finals 2 heats - Timed Finals 2 heats - Timed Finals
Track Officials Break		
1:00	Midget Girls 200 m Junior Girls 200 m Senior Girls 200 m Wheelchair Girls 200m Midget Boys 200 m Junior Boys 200 m Senior Boys 200 m Wheelchair Boys 200m	Final Final Final Final Final Final Final Final
1:30	Junior Girls 3000 m Senior Girls 3000 m Junior Boys 3000 m Senior Boys 3000 m	Final Final Final Final
2:30	Open Girls 4x400 m Relay Open Boys 4x400 m Relay	2 heats - Timed Finals 2 heats - Timed Finals

FIELD SCHEDULE - DAY TWO (Friday, May 25th)

- 9:30 Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Junior Girls Triple Jump
Senior Girls Pole Vault
- 11:00 Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin
Senior Boys Shot Put
Midget Boys Pole Vault
- 1:00 Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump
Midget Girls Pole Vault