

BOYS AND GIRLS RUGBY

Revised: **June 2026**

Effective: **Sept 2026**

1.0 DATE

The WOSSAA Rugby Championships shall be held one week prior to the OFSAA Championship.

2.0 LOCATION

The location of the Championship shall be determined by that year's WOSSAA Convenor. The Convenorship shall follow a rotation as indicated in the Rotating Calendar of Convenorships (see website).

3.0 CHAMPIONSHIP STRUCTURE AND PROCEDURES

3.1 The Championship will follow Appendix 3.

3.2 The WOSSAA Convenor must have a risk management plan for coaches that outlines the nearest hospital/medical centre and emergency phone.

3.3 The WOSSAA Convenor must have suitable FIRST AID and/or PHYSIOTHERAPY personnel on hand for the duration of the Championship.

4.0 ENTRY AND ENTRY FEES

4.1 It is the responsibility of Conference Convenor to communicate the WOSSAA representatives to the WOSSAA Convenor after the Conference Championship, no later than the next school day.

4.2 All schools will pay an entry fee. The amount of the entry fee will be set by the WOSSAA Convenor and will be sufficient to cover the fixed costs of the Championship.

5.0 ELIGIBILITY

5.1 As per WOSSAA Regulation 3.

5.2 Rowan's Law

- a) In accordance with Rowan's Law, confirm in writing, that student athletes and their parent/guardian (if student athlete is under 18 years of age) have reviewed their Board's concussion awareness resource and concussion code of conduct within the previous twelve (12) months OR that the student athlete and their parent/guardian (if student athlete is under 18 years of age) have reviewed the OFSAA concussion awareness resource and OFSAA concussion code of conduct within the previous twelve (12) months.
- b) In accordance with Rowan's Law, all coaches and trainers confirm in writing, that they have reviewed their Board's concussion awareness resource and their Board's concussion code of conduct within the previous twelve (12) months OR that they have reviewed the OFSAA concussion awareness resource and OFSAA concussion code of conduct within the previous twelve (12) months.

5.3 A maximum of thirty (30) players may be declared eligible for WOSSAA.

5.4 All participants must be OFSAA eligible to compete at WOSSAA. To be eligible for a WOSSAA playoff game, a player must have dressed for at least one regular league game.

6.0 RULES AND OFFICIALS

6.1 The current Canadian Rugby Union rules as of **September 1st of the current school year** shall govern play at the WOSSAA Championship for all matters not included in these playing regulations.

- 6.2** A maximum of thirty (30) players may dress for a game. Prior to the start of the game, all players shall be identified by their jersey number on a gamesheet. It is expected that the game official or the Convenor will verify the number of players dressed before the game, whilst cross-referencing with the number of players on the game sheet. Players that are not on the game sheet must not be dressed in any team uniform and are not permitted to warm up with the team.
- 6.3** All games shall consist of two twenty minute (20) halves with a five minute (5) rest period if the Championship is a four team Championship. All games will be two twenty-five minute (25) halves with a five minute (5) rest period if the Championship is a one game Championship.
- 6.4** Replacement of Players
- a) There shall be unlimited substitution during the games or overtime on your own ball, provided the referee is notified.
 - b) Should a player be ejected from a game for flagrant abuse of the rules or abusive or profane language, that player is no longer eligible for competition in the Championship and no replacement will be allowed for the remainder of that game during which the offense occurred.
- 6.5** The WOSSAA Convenor shall be responsible for making all decisions not specifically covered in these guidelines or the rules of the CRU.
- 6.6** The selection and allocation of officials shall be the responsibility of the WOSSAA Convenor after consultation with the chief official. It is expected that a 3 official system will be used for all WOSSAA Championship games.
- 6.7** Tie Breaking Procedures
- a) Two full five minute halves with one minute between halves.
 - b) If tied, each team will select three players from among players on the field at the end of the overtime period, who shall be organized to kick from a designated spot at the goal posts (penalty kick). Each player will kick from the same spot. The spot shall be mid-way between the side lines on the 22 metre line. The team kicking first will be determined by a coin toss. The first round will consist of three (3) kicks from each team (alternately). If still tied, then sudden death alternating kicks will be used, using the same three (3) kickers.
- 6.8** Any coach or player dismissed from a WOSSAA game shall automatically receive an additional one game suspension. If the dismissal occurs in the gold medal game, the suspension shall be applied to OFSAA competition. All player and coach dismissals at WOSSAA Championships must be reported to the Executive Director. The Executive Director will be responsible for reporting all dismissals to the school's Principal and Athletic Director.

7.0 UNIFORMS AND EQUIPMENT

- 7.1** Uniforms as per the OFSAA Rugby Playing Regulations.
- 7.2** All players must wear mouthguards.
- 7.3** Referees will inspect footwear of all players. Only rugby and/or soccer shoes will be allowed for players involved in scrummage situations. A team will forfeit a game if this safety standard cannot be met.
- 7.4** Uniforms, protective equipment and appropriate footwear must conform to laws of World Rugby. Players shall wear rugby type shorts and socks and identical rugby numbered jerseys (colour and style).

8.0 AWARDS

WOSSAA gold, silver, and bronze medallions (32) shall be presented to members of the top three (3) teams in the Championship. The school represented by the Championship team will receive a WOSSAA Championship plaque to be retained by the school.

9.0 OFSAA ENTRY

- 9.1** The WOSSAA Champion **in each classification** will advance to OFSAA. **When WOSSAA has two entries to OFSAA, entries will be determined by following Appendix 4.**
- 9.2** **Any team attending OFSAA** will be responsible for paying their own OFSAA **fees.**