

COEDUCATIONAL SWIMMING

Revised: **June 2026**

Effective: **Sept 2026**

1.0 DATE

The date of the WOSSAA Swimming Championship will be set by the WOSSAA Convenor based on the date of the OFSAA Championship and the OFSAA Championship entry deadline.

Note the following:

- a) An alternate date must be booked and included in the coach's information package in the event of a cancellation due to the weather.
- b) If buses are cancelled in any of the WOSSAA regions, the meet may be postponed to the alternate date at the discretion of the Convenor.
- c) If buses are delayed the meet may be delayed or altered to accommodate the delay.
- d) If the TVRA or Huron Perth Championships are cancelled then qualifying times from the approved meets will count towards WOSSAA and/or OFSAA.
- e) **Swimmers must qualify for WOSSAA at their Conference Championship meet in each individual event. Times achieved at other meets will not be considered for qualification. In extenuating circumstances only, times from the Mike Williams Winter Invitational, the Huron-Perth meet, or meets approved by the SAC Committee may be considered. Use of these times requires approval from the WOSSAA Convenor. Even in these cases, swimmers are still required to compete in their Conference Championship meet in the individual events for which those times are being submitted.**
- f) If WOSSAA is cancelled, then only swimmers with qualifying times from the TVRA and Huron Perth Championships will qualify for OFSAA. Note that swimmers must meet the WOSSA/OFSAA qualifying standards (see Appendix I), meaning first place winners may not automatically qualify.
- g) A cancellation decision will try to be made by 7:00 am. However, please note that sometimes delays turn into cancellations, at which point the WOSSAA Convenor is notified by STS. In these circumstances the WOSSAA Convenor will make every effort to advise of the cancellation ASAP, but it may be after 7:00 am.

2.0 LOCATION

The location of the Championship shall be Canada Games Aquatic Centre in London, subject to change.

3.0 CLASSIFICATIONS

3.1 Competition shall be conducted in two age classifications as outlined in the OFSAA Age Policy:

Senior The individual's birthday indicates that they have not reached their 19th birthday by January 1st prior to the start of the school year in which the competition is held.

Junior The individual's birthday indicates that they have not reached their 15th birthday by January 1st prior to the start of the school year in which the competition is held.

3.2 Para Shall run as separate classifications as per WOSSAA Swimming Playing Regulation 4.1.

4.0 EVENTS

4.1 Para-Swimmer Division

All para-swimmers must have a classification provided by accredited classifiers, to compete in OFSAA. All classification information can be found on the OFSAA Swimming Championship website.

Classifications for Para-swimming Competitors:

- a) S1-10 are for physical impairment;
- b) S11, S12, S13 are for visual impairment;
- c) S14 are for intellectual impairment;

Note: **WPS** charts will be used to score the S1-S14 categories.

4.2 High School Division

A swimmer is eligible to compete who exclusively trains with and competes for their high school. The student must not train/compete with any other competitive swimming program. The following programs are NOT considered to be competitive swim programs: diving, kayak, canoe, sailing, artistic swimming, water polo, lifeguarding and triathlon. A swimmer is eligible who has ceased to train/compete with a competitive swim program prior to November 1 of the previous school year.

A swimmer is eligible to compete who has ceased to train/compete with a competitive swim program prior to November 1 of the current school year AND whose best time has not met the "OFSAA Open Exemption Time" in ANY of the following events: 50 free, 100 free, 200 free, 100 back, 100 breast, 100 fly, 200 IM. The "OFSAA Open Exemption Times" are determined as follows:

- a) For Junior aged swimmers, the cutoff time shall be the current 14-Year-Old Ontario Age Group Standard plus 25%.
- b) For Senior aged swimmers, the cutoff time shall be the current 16-Year-Old Ontario Age Group Standard plus 25%.

Refer to the Swim Ontario website for the most recent "Ontario Age Groups (OAG) Time Standards". "OFSAA Open Exemption Times" will be posted on the OFSAA Swim website.

4.3 Open Division

All other swimmers (i.e. not Para-swimmers or high school swimmers as defined above) who meet the eligibility requirements as outlined in Regulation #5, and who are bona fide members of the school team must compete in this division.

This includes:

- a) Any swimmer who has trained/competed with a competitive swimming program after November 1 of the current school year, regardless of whether or not they have met the OFSAA Open Exemption Times.
- b) Any swimmer who trained/competed with a competitive swimming program during the PREVIOUS school year and whose best time has met the OFSAA Open Exemption Time in any event.

4.4 The meet shall follow the same schedule as OFSAA (changes may be made to align with new changes at OFSAA). Scheduling changes may be made by the WOSSAA Convenor due to the number of entries in an event. Competition shall be conducted on one day as a timed final event.

4.5 Order of Events

1	Women 200 Medley JR Relay HS		19	Women 50 Butterfly JR HS		35	Men 100 Freestyle HS
2	Men 200 Medley JR Relay HS		20	Men 50 Butterfly JR HS		36	Women 100 IM JR HS
3	Women 200 Medley Relay Open		21	Women 50 Butterfly HS		37	Men 100 IM JR HS
4	Men 200 Medley Relay Open		22	Men 50 Butterfly HS		38	Women 100 IM JR Open
5	Women 200 Medley SR Relay HS		22S	Mixed 100 Backstroke PARA		39	Men 100 IM JR Open
6	Men 200 Medley SR Relay HS		23	Women 50 Breaststroke JR HS		40	Women 100 IM SR HS
6S	Mixed 50 Freestyle PARA		24	Men 50 Breaststroke JR HS		41	Men 100 IM SR HS
7	Women 200 Freestyle SR HS		25	Women 50 Breaststroke SR HS		42	Women 50 Backstroke JR HS
8	Men 200 Freestyle SR HS		26	Men 50 Breaststroke SR HS		43	Men 50 Backstroke JR HS
9	Women 200 Freestyle Open		LUNCH BREAK (subject to be adjusted)			44	Women 100 Backstroke Open
10	Men 200 Freestyle Open		27	Coed 200 Freestyle Relay HS		45	Men 100 Backstroke Open
11	Women 50 Freestyle JR HS		28	Women 100 Breaststroke Open		45S	Mixed 50 Backstroke PARA
12	Men 50 Freestyle JR HS		29	Men 100 Breaststroke Open		46	Women 50 Backstroke SR HS
13	Women 50 Freestyle SR HS		29S	Mixed 100 Freestyle PARA		47	Men 50 Backstroke SR HS
14	Men 50 Freestyle SR HS		30	Women 100 Freestyle JR HS		48	Women 200 Freestyle JR Relay HS
15	Women 50 Freestyle Open		31	Men 100 Freestyle JR HS		49	Men 200 Freestyle JR Relay HS
16	Men 50 Freestyle Open		32	Women 100 Freestyle Open		50	Women 200 Freestyle SR Relay HS
17	Women 100 Butterfly Open		33	Men 100 Freestyle Open		51	Men 200 Freestyle SR Relay HS
18	Men 100 Butterfly Open		34	Women 100 Freestyle HS		52	Women 200 Freestyle Relay Open
						53	Men 200 Freestyle Relay Open

5.0 ENTRY AND ENTRY FEES

- 5.1** It is the responsibility of the Conference Convenor to communicate the WOSSAA representatives to the WOSSAA Convenor after the Conference Championship, no later than the next school day.
- 5.2** All schools will pay an entry fee. The amount of the entry fee will be set by the WOSSAA Convenor and will be sufficient to cover the fixed costs of the Championship.
- 5.3** Entries will be accepted from coaches only.
- 5.4** Three (3) competitors can score points for the school in each individual event. Only one (1) team can be entered in relay events. Coaches should not mark any swimmers as exhibition. Points will be awarded according to the results on the day of the meet.
- 5.5** A relay team must be made up of six (6) competitors, any four (4) of whom may swim, but for all six (6) listed the relay is considered an event.
- 5.6** For the Open Relays, teams may consist of swimmers from the HS Division, the Open Division, or any combination thereof.
- 5.7** Relay Entries: Names of athletes, including alternates, must be entered at the time of entry submission. The order is not binding.
- 5.8** Competitors may enter up to four (4) events; only two (2) of which may be individual events. Competitors that enter more than the allotted four (4) events will have their excess events removed at the discretion of the WOSSAA Championship Convenor. The High School Senior Co-Ed 4 x 50 Metre Freestyle Relay shall count as one (1) of the allotted four (4) events and shall be made up of two (2) male and two (2) female swimmers. Swimmers in the Para Division may enter up to 3 individual events and any Para Swimming Competitor that enters more than the three (3) allotted events will have their excess event removed at the discretion of the WOSSAA Championship Convenor.
- 5.9** A PARA competitor who chooses to swim in the PARA division may not swim in the corresponding event in the HS or the Open Division. For the other events, however, they may swim in the HS division only or the Open Division only.
- 5.10** Scratch Rule: Entry scratches shall be made in person or in writing to the WOSSAA Convenor or the clerk of the course.
- 5.11** PARA competitors may swim up to 3 PARA events or adhere to 5.8 for non-PARA events.

6.0 ELIGIBILITY

- 6.1 As per WOSSAA Regulation 3.
- 6.2 Rowan's Law
- a) In accordance with Rowan's Law, confirm in writing, that student athletes and their parent/guardian (if student athlete is under 18 years of age) have reviewed their Board's concussion awareness resource and concussion code of conduct within the previous twelve (12) months OR that the student athlete and their parent/guardian (if student athlete is under 18 years of age) have reviewed the OFSAA concussion awareness resource and OFSAA concussion code of conduct within the previous twelve (12) months.
 - b) In accordance with Rowan's Law, all coaches and trainers confirm in writing, that they have reviewed their Board's concussion awareness resource and their Board's concussion code of conduct within the previous twelve (12) months OR that they have reviewed the OFSAA concussion awareness resource and OFSAA concussion code of conduct within the previous twelve (12) months.
- 6.3 A swimmer may only qualify for the WOSSAA Championship if they swim as fast as or faster than the WOSSAA/OFSAA qualifying standards (see Appendix I) as revised each year and attend their respective Conference Championship, or if they win their event at the TVRA or HPAA Conference Championship meet.
- 6.4 Only the following meets will count towards WOSSAA, Mike Williams Fall Invitational, **Huron Perth or any meets that are approved by the SAC committee (due by Dec 1st).**
- 6.5 Any school with a swimmer who wants to appeal to be eligible for the High School Division at their Conference meet (HPAA and TVRA), WOSSAA, and OFSAA must complete the WOSSAA Appeal Form and submit it to the **WOSSAA SAC Chair of Swimming for approval before Dec 1st. Decisions will be based on OFSAA exemption standards and policy. A Jury of Appeal will approve all final decisions.**
- 6.6 Any athlete participating in the WOSSAA Swimming Championship must have participated as a member of a bona fide high school program during the current school season (November-February) in a minimum number of swimming practices (10 - as set by OFSAA), at a location where the majority of their high school practices are held under the supervision of a teacher coach as certified by the school Principal. This rule does not preclude the school and/or school coach from instituting more stringent guidelines.

7.0 RULES AND OFFICIALS

- 7.1 SC rules for High School **as of September 1st of the current school year** shall govern competition at the WOSSAA Championship meet.
- 7.2 A Jury of Appeal shall be appointed, consisting of 3 teacher coaches from different Conferences, with the WOSSAA Convenor (or their designate) as the non-voting Chairperson. Members of the Jury of Appeal must not have any conflict of interest relevant to the incident under protest. The Jury of Appeal shall handle all disputes which do not fall within the jurisdiction of the officials.
- 7.3 A scratch meeting shall be held prior to the meet.
- 7.4 The WOSSAA Convenor shall be responsible for obtaining competent officials for the Championship.
- 7.5 Only school coaches, competitors and officials shall be allowed on the pool deck.
- 7.6 SC warm-up procedures shall be in effect.

8.0 SCORING

8.1 Points shall be awarded as follows to determine team championships:

1st-18; 2nd-16; 3rd-15; 4th-14; 5th-13; 6th-12; 7th-11; 8th-10; 9th-8; 10th-7; 11th-6; 12th-5; 13th-4; 14th-3; 15th-2; 16th-1.

All position points for relays are doubled (e.g., 1st -36; 12th 10).

8.2 The total points of the top 16 swimmers in each event in the HS Division, Open Division, and in the PARA Division, shall determine the winner of the overall combined team championship.

9.0 UNIFORMS

9.1 All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's/Association's name, colours and logos. No sport club insignia on swim suits, caps or other apparel shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi-sport programs. Sponsorship recognition is permitted to be visible but must conform to the placement guidelines outlined in OFSAA Regulations. In addition, swimmers are governed by the SNC Regulations, specifically (p. 1.5, GR 7.1 and 7.2).

Student athletes must remain fully clothed in the appropriate attire in the competition area, AND use the designated locker room or change area to change to and from competition attire. Incidents of non-compliance shall be forwarded to the Competition Committee for resolution.

These criteria must be met both on and in the immediate vicinity of the competitive area and during the awards ceremonies.

9.2 Swimmers will be permitted to wear swimsuits that contradict the SNC guidelines for cultural, gender and/or religious reasons at the discretion of the Head Meet Official.

10.0 AWARDS

10.1 Individual
WOSSAA medallions shall be presented to the 1st, 2nd and 3rd place finishers in each event.

10.2 Team
Team Championship plaques shall be awarded for:

- a) Girls Non-Carded Team Champions
- b) Boys Non-Carded Team Champions
- c) Non-Carded Overall Team Champions
- d) Carded Overall Team Champions.
- e) PARA Overall Team Champions.

10.3 Mike Williams Award
Team plaque presented to the team with the most points based on their points per swimmer ratio.

11.0 OFSAA ENTRY

11.1 According to current OFSAA Playing Regulations.

11.2 The school of any individuals attending OFSAA will be responsible for paying their OFSAA fees.