

2025 WOSSAA NORDIC SKI CHAMPIONSHIPS

Thursday, February 6, 2024
Sawmill Trails, Hepworth, ON

Back up Date: Thursday Feb 13, 2025, Sawmill Trails, Hepworth

Convenor: Jennifer Shields (jennifer.shields@ed.amdsb.ca)

School Phone: 519-357-1800

Cell: 226-222-1477

Entry Fee - \$20 per skier (HST and processing fees included) for Trail fee. Awards Fee will be decided based on number of entries per school and schools will be invoiced after the meet. If paying by cheque, cheques should be made out to **FE Madill SS** and must be turned in at registration. Receipts will be emailed post-event.

WOSSAA Eligibility Forms: These must be handed in when registering or e-mail to jennifer.shields@ed.amdsb.ca

Forms are available on the WOSSAA website. Choose "WOSSAA Convenor's Information" on the right of the screen and click on the eligibility forms. OR complete forms on the OFSAA Hub <https://ofsaa.athletesystems.ca/login.php>

Please print off a copy of these forms and get them signed to hand in on Feb 6th.

Athletes cannot race until paperwork and payment are submitted. If you are choosing this route, please remember that WOSSAA athletes are required to read through the Rules of Behaviour.

For Participants and the WOSSAA concussion Code of Conduct:

<https://www.wossaa.on.ca/PDF/Governance/Appendix%207.pdf> as you, the coach is verifying this for each athlete.

Entry Deadline

Monday, Feb 3, 2024 (11:59 PM). Entries must be completed online. [REGISTRATION LINK](#). Coaches, please be aware that there are no refunds. You are responsible for paying for the number of skiers you have registered. Substitutions will be allowed if a scratch in the same category has been received. No additions can be made on the day of the race if there are no scratches. A start list will be posted by the evening of Feb 7th and results will be posted to warriornordic.ca by the evening of Feb 9th.

Races:

Junior Girls and Boys: ~ 5km

Senior Girls and Boys: ~6.5km

Relays: 4X800metre loop (subject to change based on conditions)

Exhibition Relays can also be entered and will race between the Junior and Senior races.

Awards: In each race, individual medals for the top 3 finishers (gold, silver and bronze) and ribbons for positions 4 through 6.

Team championships shall be awarded for Junior Boys and Girls AND Senior Girls and Boys. There will also be a Combined Junior team and a Combined Senior team award. Schools represented by these Championship teams shall receive WOSSAA plaques to be retained by the school. Members of the top 3 Boys and Girls Nordic Ski Teams shall receive up to 5 medals per team (that is, 5 gold, 5 silver, and 5 bronze).

Inclement Weather Back Up Plan

In the event of bad weather or snow issues, I have booked Sawmill Hepworth for Feb 13, 2025.

Schedule

1. 9:00-10:00am Registration and Bib pickup (in the team room)
2. 10:00am Coaches' meeting
3. 11:00am First race
4. 1:30pm Relays (4 skiers make a team, skiers must race the relay in the same age group in which they raced the individual race)
5. There will be exhibition relays between the Junior and Senior races.
6. 3:00pm Awards

Bibs are to be turned in at the finish line by each athlete after his/her individual race.

There is a \$100 charge per lost bib.

Bibs for Relays: the 4th skier will turn in a bib at the finish line. Skiers #1,#2, and #3 are to be turned in by the coach at the finish line after the 3rd skier has finished.