

Western Ontario Secondary Schools' Athletic Association (WOSSAA)

Championship Swim Meet

Meet Name	Western Ontario Secondary Schools' Athletic Association (WOSSAA) Championship Swim Meet
Date(s)	Tuesday, February 11, 2025 The meet will be rescheduled for a date to be determined if cancelled due to inclement weather. Coaches will be notified by email by the swimming convenor if the meet is cancelled.
Meet Referee	Marcel Broer
Swim Convenor	Jenna Ostrosser, Central Elgin Collegiate Institute
Meet Organizer	wossaaswim@gmail.com
Facilities	Canada Games Aquatic Centre, London Ontario 8 lines in a 25m pool, Colorado Wireless Dolphin Timing System

Competition:

Rules and Officials	The WOSSAA Championship Swim Meet shall provide competition in the High School, Open and PARA divisions. Swim Canada rules shall govern the competition at the WOSSAA Championship meet. Any athlete participating in the WOSSAA Swimming Championship must have participated as a member of a bona fide high school program during the current school season (Sept-February) in a minimum number of swimming practices (10 - as set by OFSAA), at a location where the majority of their high school practices are held under the supervision of a teacher coach as certified by the school Principal. This rule does not preclude the school and/or school coach from instituting more stringent guidelines. Swimmers MUST stay away from the refereeing and starting areas. No running on deck. No horseplay on deck, in change rooms or in the building. No glass containers allowed in pool area. No food or drinks allowed in pool area. Lane 1 is reserved as a PARA-only lane during warm-ups. Feet first entry only is allowed during warm-ups. If a swimmer is caught diving in, they will be removed from their first individual event. Coaches must remain in the facility for the duration of the meet. Teams without coaches present will not be allowed to compete unless a designated coach has been appointed. School coaches, competitors and officials only shall be allowed on the pool deck. For each session each team is requested to provide three (3) volunteers, one of whom is an adult, to assist with timing.
A Jury of Appeal	A Jury of Appeal shall be appointed, consisting of 3 teacher coaches from different Conferences, with the WOSSAA Convenor (or their designate) as the non-voting Chairperson. Members of the Jury of Appeal must not have any conflict of interest relevant to the incident under protest. The Jury of Appeal shall handle all disputes which do not fall within the jurisdiction of the officials.
Uniforms / Equipment	All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's name, colours, and logos. No sport club insignia on swimsuits, caps or other apparel shall be permitted. Sponsorship recognition is permitted.

Entry Process:

Entry Submission	Entries must be done using Hy- Tek Team Manager 8.0 Lite or a previous version of Team Manager Lite to wossaaswim@gmail.com. Entries will be accepted from coaches only. You will receive an entry list so that you can confirm your entries. Although coaches can enter more than three (3) competitors per event, only the three (3) fastest competitors will score points for the school in each individual event and only one (1) team in relay events. We ask that coaches not mark any swimmers as exhibition in attempts to select what competitors may score points – the software will automatically select and award points to the three fastest competitors from your school (see Scoring). A PARA competitor who chooses to swim in the PARA division may not swim in the corresponding event in the High School division. For the other events, however, he/she may swim in the High School division.
Entry Deadline	Midnight Tuesday, January 21, 2025. Entries received after the deadline will be accepted at the discretion of the convenor (or designate) if there is room in the meet and if they fit within the time lines of the meet. Such entries will be exhibition only and will not score points or receive awards. These times will be valid for entry to OFSAA. Deck entries are not permitted at the WOSSAA Championship Swim Meet.
Entry Fees	Entry fees are: \$8.00 per individual event and \$12.00 per relay. Please make cheque payable to “Central Elgin Collegiate Institute.” Entry fee verification will be sent to each individual coach upon receipt of the entry file. Fees are due by the start of warm-up on the day of the meet. Non-payment of fees may result in the team being removed from the meet. OFSAA entries will not be made for schools which have any outstanding fees from any of the meets.
Entry Limits	A competitor may enter up to four (4) events, provided at least one (1) is a relay event.
Relay Entries	A relay team may be made up of six (6) swimmers, any four (4) of whom may swim, but for all six (6) listed the relay is considered an event. Names of swimmers, including alternates, must be entered at the time of entry submission. The order of swimmers may be changed the day of the meet prior to the deadline set by the convenor (or designate) on the day of the meet. For the Open Relays, teams may consist of swimmers from the High School Division, the Open Division or any combination thereof.
Entry Times	“NT” (no time) entries will not be accepted. WOSSAA time standards must be met for entry into this meet.

Schedule of Sessions:

	Date	Warm-up Start	Session Start	Session End
Session 1:	Tuesday Feb 11, 2025	9:00am	9:45am	12:00noon
Session 2:	Tuesday Feb 11, 2025	12:15pm	12:45pm	3:00pm
Notes:	- Competition shall be conducted over one (1) day. All events are time finals. - Start and end times are approximate and may change at convenor’s discretion. Events list is attached. - Swimmers must swim during their team’s scheduled time. A warm-up schedule will be provided by email before the meet. - A mandatory coaches’ meeting shall be held 30 minutes prior to the start of warm-ups. Attendance will be taken and teams without coaches’ present will not be allowed to swim until a coach checks in.			

Meet Format and Administration:

Classification of Swimmers	<u>Para-swimmer</u> All swimmers must have a classification provided by an OFSAA designated classifier to compete at the OFSAA Championship. Classifications for Para-swimming Competitors: • S1-10 is for physical impairment. • S11, S12, S13 are for visual impairment. • S14 is for intellectual impairment. <u>Open Division</u> All swimmers not in the Para or High school division who are bonafide members of the school team must complete in this division. • Any swimmer who has trained/competed with a competitive swimming program after November 1 of the current school year, regardless of whether or not they have met the Swim Ontario E Time Standard. • Any swimmer who trained/competed with a competitive swimming program during the PREVIOUS school year and has met the Swim Ontario E Time standard in any event. <u>High School Division</u> Junior • An individual's birthday indicates that they have not reached their 15th birthday by January 1 prior to the start of the school year in which the competition is held. Senior • An individual's birthday indicates that they have not reached their 19th birthday by January 1 prior to the start of the school year in which the competition is held. <u>Rules:</u> • A swimmer who exclusively trains with and competes with/for their high school and does not train or compete with/for any other competitive swimming program. The following programs are NOT considered be to competitive swim programs: diving, kayak, canoe, sailing artistic swimming, water polo, lifeguarding and triathlon. A swimmer is eligible who has ceased to train/compete with a competitive swim program prior to November 1 of the previous school year. • A swimmer is eligible to compete who has ceased to train/compete with a competitive swim program prior to November 1 of the current school year AND has not met the Swim Ontario E Time Standard in any event during the previous school year. The age for the E standard is based on the swimmer's age as of December 31 of the previous school year (e.g. OFSAA 2024 is the 2023-2024 school year so age is based on as of December 31, 2022). Refer to www.swimontario.com for the most recent "championship standards by age group". • A swimmer is eligible to compete who trains with a recreational (non-competitive) swim program for a maximum of 3 hours per week in addition to training with their high school.
Scratches & Relay Cards	Entry scratches shall be made by the coach (or designate) in person or in writing to the convenor or the official's office at least 30 minutes prior to the start of the meet. The relay cards must be returned to the office no later than 9:30am.
Meet Results	Official meet results will be emailed to all coaches. Unofficial meet results will be posted at the meet if time allows at the discretion of the convenor.
Scoring	Points shall be awarded as follows to determine team championships: 1st -18; 2nd -16; 3rd -15; 4th -14; 5th -13; 6th -12; 7th -11; 8th -10; 9th -9; 10th -7; 11th -6; 12th -5; 13th -4; 14th -3; 15th -2; 16th -1.

	All position points for relays are doubled (e.g., 1st -36; 12th 10). The PARA division will be divided into junior (14 & under) and senior (15 & over) for both males and females for awards. The total points of the top sixteen (16) swimmers in each event in the High School Division, the top eight (8) swimmers in each event in the Open Division, and the top eight (8) swimmers in each event in the PARA Division shall determine the winner of the overall combined team championship. PARA Division points will combine with the High School Division to give the “High School” award.
Awards	Individual: WOSSAA medallions shall be presented to the first place finishers in each event. WOSSAA ribbons shall be presented to the second and third place finishers in each event. Team: A Team Championship shall be declared for Girls’ High School Champions, Boys’ High School Champions, Overall High School Champions, and OPEN Champions and Mike Williams Award. The Mike Williams Award: to be given to the school that obtains the most points per swimmer. In order to be eligible for this award, a school must have a minimum of five swimmers participating at the meet. It will be calculated by the total number of points obtained divided by the total number of swimmers that participated at the meet (swimmers that are scratched or “no-shows” do not count in this calculation). The schools represented by these Championship teams shall receive plaques to be retained by the schools.

Schedule of Events:

Session 1: Tuesday morning. Warm-up at 09:00 am, start at 09:45 am, tentative end at 12:00 noon.

**** Swimmers must warm up during your team's scheduled time during session 1. ****

- 1 Women 200 Freestyle Open
- 2 Men 200 Freestyle Open
- 2S Mixed PARA 50 Freestyle
- 3 Women 15 & Over 200 Freestyle SR High School
- 4 Men 15 & Over 200 Freestyle SR High School
- 5 Women 13-14 50 Freestyle JR High School
- 6 Men 13-14 50 Freestyle JR High School
- 7 Women 15 & Over 50 Freestyle SR High School
- 8 Men 15 & Over 50 Freestyle SR High School
- 9 Women 50 Freestyle Open
- 10 Men 50 Freestyle Open
- 10S Mixed PARA 100 Freestyle
- 11 Women 13-14 50 Butterfly JR High School
- 12 Men 13-14 50 Butterfly JR High School
- 13 Women 15 & Over 50 Butterfly SR High School
- 14 Men 15 & Over 50 Butterfly SR High School
- 15 Women 100 Butterfly Open
- 16 Men 100 Butterfly Open
- 17 Women 13-14 50 Breaststroke JR High School
- 18 Men 13-14 50 Breaststroke JR High School
- 19 Women 15 & Over 100 Breaststroke SR High School
- 20 Men 15 & Over 100 Breaststroke SR High School
- 21 Women 100 Breaststroke Open
- 22 Men 100 Breaststroke Open
- 23 Women 13-14 200 Medley JR Relay High School
- 24 Men 13-14 200 Medley JR Relay High School
- 25 Women 15 & Over 200 Medley SR Relay High School
- 26 Men 15 & Over 200 Medley SR Relay High School
- 27 Women 200 Medley Relay Open
- 28 Men 200 Medley Relay Open

Session 2: Tuesday afternoon. Warm-up at 12:15 pm, start at 1:00 pm, tentative end at 3:00 pm.

- 29 Women 13-14 200 Freestyle JR Relay High School
- 30 Men 13-14 200 Freestyle JR Relay High School
- 31 Women 15 & Over 200 Freestyle SR Relay High School
- 32 Men 15 & Over 200 Freestyle SR Relay High School
- 33 Women 400 Freestyle Relay Open
- 34 Men 400 Freestyle Relay Open
- 35 Women 200 IM Open
- 36 Men 200 IM Open
- 37 Women 13-14 100 IM JR High School
- 38 Men 13-14 100 IM JR High School
- 39 Women 15 & Over 100 IM SR High School
- 40 Men 15 & Over 100 IM SR High School
- 40S Mixed PARA 50 Backstroke
- 41 Women 100 IM Open
- 42 Men 100 IM Open

- 43 Women 13-14 100 Freestyle JR High School
- 44 Men 13-14 100 Freestyle JR High School
- 45 Women 15 & Over 100 Freestyle SR High School
- 46 Men 15 & Over 100 Freestyle SR High School
- 47 Women 100 Freestyle Open
- 48 Men 100 Freestyle Open
- 49 Women 13-14 50 Backstroke JR High School
- 50 Men 13-14 50 Backstroke JR High School
- 51 Women 15 & Over 100 Backstroke SR High School
- 52 Men 15 & Over 100 Backstroke SR High School
- 53 Women 100 Backstroke Open
- 54 Men 100 Backstroke Open