



2025 WOSSAA TRACK & FIELD CHAMPIONSHIP

MEET INFORMATION

Where: Alumni Stadium, Western University, London

When: Thursday, May 22 - Friday, May 23, 2025

PARKING:

- Gates will be up. Parking is free at WOSSAA, and you do not need to use the HONK app to pay.

ENTRY FEES:

- The entry fee will be \$12 per individual event and \$16 per relay team.
- School amounts will be posted to ONTRACK.COM when all scratches and advancements are confirmed.
- Cheques are to be made to "**BANTING SECONDARY SCHOOL**".
*Fees for OFSAA West Regionals will be paid for by WOSSAA, and each school will be invoiced individually based on the number of athletes attending OFSAA Regionals.
- Franco will send an email indicating the amount due for each school, as in previous years.

ADVANCEMENT TO OFSAA West Regionals:

- The **top 6 finishers** in each event shall advance to WOSSAA.
- Inform Franco Ielapi of any **scratches** as soon as possible so that he can advance the next athlete to WOSSAA.
- Regional information can be found on the [ONTRACK.COM](https://ontrack.com) website when it becomes available.
- OFSAA Forms are to be completed before Regionals and submitted online using the OFSAA HUB.
- Supervision forms are to be submitted at OFSAA Regionals. See your A.D. for information on how to register.

COACH'S PACKAGES:

- Team packages can be picked up at the registration table inside the main gates of the stadium.
- WOSSAA Fee Cheques (Made payable to "Banting Secondary School") should be provided at the time of pickup. Only coaches may pick up team packages. ***Receipts** will be issued at the registration tables.

COACHES MEETING:

- There will be a brief coaches' meeting at 9:00 am for announcements, updates or questions.
- This will be outside of the results shed.

EVENT RESPONSIBILITIES:

- Each conference will be responsible for certain event responsibilities. Please register for an event on the form using this link.
- Please complete it by **Sunday, May 18**
- Please arrive at least 30 minutes prior to the event to pick up your athlete list and any equipment necessary.
- We will have tape measures and clipboards for officials to use; however, please try your best to bring your own.
- Lunch will be provided for all the adults who are officiating only. This will also be served in the Visitor's Changeroom. (Student helpers receive volunteer hours for their efforts)

WEIGH-INS:

- Weigh-ins should be done at least an hour in advance of the event. Weigh-ins will be located near the javelin runway.
- The weigh-in station will close 1-hour before the last event, each day.

MARSHALLING:

- Marshaling for all Field Events will take place at the competition site.
- Coaches and spectators are expected to stay out of this area and may watch from the grass.
- Marshaling for all Track Events will take place near the start line of each race. Athletes will be marshaled 15 minutes before their event.
- Absolutely no coaches, athletes, or spectators will be allowed in the infield during the meet.
- Athletes will be allowed to warm up on the backstretch when not in use.



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NUMBERS/UNIFORM:

- Number bibs must be worn at all times on the front of the uniform. Numbers will also serve as a pass for athletes to enter the stadium. ***Athletes are asked to keep their numbers on their person at all times, FOR BOTH DAYS.***
- Athletes must compete in their school uniforms. Relay team members must wear identical tops. The OFSAA Uniform policy will be in effect.

RESULTS/AWARDS:

- **Live Results** are available at www.onttrack.com
- The awards table will be located by the track shed.

PROTESTS:

- Any protest must be made in writing and submitted to the WOSSAA Convenor within 30 minutes of the results being posted.

WOSSAA SPIRITWEAR:

- Positive Identity will be on-site with souvenir sales on Thursday and Friday.
- Online pre-orders can be ordered on the website, to be shared, and orders can be picked up at the event trailer on-site.
- Please share this link with your athletes. Orders are open until Tuesday, May 20, at midnight.

OTHER IMPORTANT INFORMATION:

- **Spectators** must remain in the stands. Please do not stand at the railing.
- **Tents** in the stand are not to be lower than halfway up the stands, in order to maximize seating and viewing for fans. There is also plenty of room in the greenspace around the stadium for team tents.
- **First Aid** will be available on-site by the door to the pavilion.
- No portable stereo systems are allowed inside Alumni Stadium.
- No footballs, Frisbees, soccer balls, etc.
- Throwing implements may only be used in the designated completion areas.
- Athletes are reminded that absolutely **no club insignia** will be allowed in the competition areas.
- Student-athletes must remain fully clothed in the appropriate attire in the competition area, AND use the designated washroom or change area to change to and from competition attire.
- **FOOD:** The concession stand will be open and available for food and beverages. Subway and Barakat Restaurants are available at the top of the hill along Western Road.
- **GARBAGE:** Please encourage the use of trash containers for depositing garbage. As the meet comes to an end, please ensure that your team area is clean and tidy.
- **EMERGENCY:** In case of a weather emergency, all athletes and coaches will be evacuated to the gymnasium in the Western Athletic Centre, across the street. Coaches are asked to sit with their team, and the meet will resume 30 minutes after the last sighting of lightning.

If you have any meet questions, please contact the meet convenor, Todd Mackay at t.mackay@tvdsb.ca

If you have any entry or Trackie questions, please contact Franco at fielapi@ldcsb.ca



2025 WOSSAA TRACK & FIELD CHAMPIONSHIP

**-Revised May 18, 2025-
DAY ONE SCHEDULE**

TRACK EVENTS		FIELD EVENTS	
9:30 AM	Open Girls 2000m Steeplechase (30") 1 heat - Timed Final	9:30 AM	Novice Girls Long Jump Senior Girls High Jump Novice Boys Shot Put Junior Boys Discus Junior Boys Pole Vault Senior Boys Javelin Senior Boys Triple Jump *Boys Para Shot Put (4kg)
9:50 AM	Novice Girls 80m hurdles (30") Heats Junior Girls 80m hurdles (30") Heats Senior Girls 100m hurdles (30") Heats		
10:05 AM	Novice Boys 100m hurdles (33") Heats Junior Boys 100m hurdles (36") Heats Senior Boys 110m hurdles (36") Heats		
10:20 AM	Open Boys 2000m Steeplechase (36") 1 heat - Timed Final		
10:40 AM	Novice Girls 400m Timed Finals Junior Girls 400m Timed Finals Senior Girls 400m Timed Finals Novice Boys 400m Timed Finals Junior Boys 400m Timed Finals Senior Boys 400m Timed Finals Wheelchair 400m Timed Finals	11:00 AM	Novice Girls Shot Put Novice Girls High Jump Junior Girls Discus Junior Girls Pole Vault Senior Girls Javelin Novice Boys Long Jump Junior Boys Triple Jump *Girls Para Shot Put (3kg)
12:00 PM	Novice Girls 100m Heats Junior Girls 100m Heats Senior Girls 100m Heats Novice Boys 100m Heats Junior Boys 100m Heats Senior Boys 100m Heats		
Track Officials Break			
1:15 PM	Senior Boys 110m hurdles (36") Final Junior Boys 100m hurdles (33") Final Novice Boys 100m hurdles (33") Final Senior Girls 100m hurdles (30") Final Junior Girls 80m hurdles (30") Final Novice Girls 80m hurdles (30") Final	1:00 PM	Junior Girls Long Jump Senior Girls Triple Jump Novice Boys Javelin Novice Boys Pole Vault Junior Boys Shot Put Senior Boys Discus Senior Boys High Jump
1:45 PM	Novice Boys 1500m Final Junior Boys 1500m Final Senior Boys 1500m Final		
2:15 PM	*Ambulatory, Visually Impaired, and Intellectual Disability Girls 100m Timed Finals *Ambulatory, Visually Impaired, and Intellectual Disability Boys 100m Timed Finals Novice Girls 100m Final Junior Girls 100m Final Senior Girls 100m Final Novice Boys 100m Final Junior Boys 100m Final Senior Boys 100m Final		
2:45 PM	Novice Girls 1500m Final Junior Girls 1500m Final Senior Girls 1500m Final		
3:30 PM	Novice Girls 4x100m Timed Finals Junior Girls 4x100m Timed Finals Senior Girls 4x100m Timed Finals Novice Boys 4x100m Timed Finals Junior Boys 4x100m Timed Finals Senior Boys 4x100m Timed Finals		



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DAY TWO SCHEDULE

TRACK EVENTS		FIELD EVENTS	
9:30 AM	Senior Boys 400m Hurdles (36") Timed Finals Junior Boys 300m Hurdles (33") Timed Finals Novice Boys 300m Hurdles (33") Timed Finals Novice Girls 300m Hurdles (30") Timed Finals Junior Girls 300m Hurdles (30") Timed Finals Senior Girls 400m Hurdles (30") Timed Finals	9:30 AM	Novice Girls Javelin Junior Girls Shot Put Junior Girls Triple Jump Senior Girls Discus Senior Girls Pole Vault Novice Boys High Jump Junior Boys Long Jump
10:15 AM	Senior Girls 3000m Final Senior Boys 3000m Final		
10:45 AM	Novice Girls 200m Heats Junior Girls 200m Heats Senior Girls 200m Heats Novice Boys 200m Heats Junior Boys 200m Heats Senior Boys 200m Heats	11:00 AM	Novice Girls Triple Jump Senior Girls Long Jump Novice Boys Discus Junior Boys Javelin Junior Boys High Jump Senior Boys Shot Put Senior Boys Pole Vault
11:30 AM	*Visually Impaired Girls 800m Final *Ambulatory Girls 800m Final *Intellectual Disability Girls 800m Final Novice Girls 800m Timed Finals Junior Girls 800m Timed Finals Senior Girls 800m Timed Finals *Visually Impaired Boys 800m Final *Ambulatory Boys 800m Final *Intellectual Disability Boys 800m Final Novice Boys 800m Timed Finals Junior Boys 800m Timed Finals Senior Boys 800m Timed Finals		
Track Officials Break			
1:00 PM	Novice Girls 200m Final Junior Girls 200m Final Senior Girls 200m Final *Wheelchair Girls 200m Final Novice Boys 200m Final Junior Boys 200m Final Senior Boys 200m Final Wheelchair Boys 200m Final	1:00 PM	Novice Girls Discus Novice Girls Pole Vault Junior Girls Javelin Junior Girls High Jump Senior Girls Shot Put Novice Boys Triple Jump Senior Boys Long Jump
1:30 PM	Junior Girls 3000m Final Junior Boys 3000m Final Novice Girls 3000m Final Novice Boys 3000m Final		
2:30 PM	Open Girls 4x400m Relay Timed Finals Open Boys 4x400m Relay Timed Finals		



2025 WOSSAA TRACK & FIELD CHAMPIONSHIP

FACILITY MAP

